



emerge
brighter



perfecting

your journey

eforea spa at Hilton Surfers Paradise is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.



head & face

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

shoulder, neck & scalp

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

feet

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.



Each enhancement is 20-minutes long.
\$50 if booked separately or book all 3 for \$120.
Upgrade your treatment with an enhancement for an additional \$40.



essentials
journey



KERSTIN FLORIAN

Kerstin Florian International develops and manufactures a progressive range of European facial, body and bath products and treatments

for the spa industry based on natural resources including thermal mineral water, mud, algae, herbal extracts and essential oils.

face

Correcting Advanced Repair Facial

60MIN \$155 **90MIN** \$185

Customised to your skin type, this facial uses advanced microcurrent technology and red LED light therapy to energise, tone and firm skin providing visible results in a relaxing experience.

Sensitive Skin Facial

60MIN \$135

This ultimate sensitive skin facial includes a unique alginate mask to calm inflammation and heal sensitive skin conditions.

Anti-Aging Antioxidant Facial

90MIN \$185

Using advanced natural delivery systems and native Australian botanicals to restore a more youthful skin. This facial includes a high performance age defying serum with an advanced biphasic mask.

Deep Hydrating Facial

60MIN \$135

Featuring a gentle exfoliating peel, a luxurious massage and deep cleansing masque this deep hydrating facial is suitable for all skin types.

Firming Facial

60MIN \$155

Drawing upon some of Australia's most powerful botanicals this facial delivers deep cellular support and nourishment utilising an advanced serum to firm and brighten.

massage

Thermal Stone Massage

90MIN \$185

Heated stones are skillfully applied to pressure points while spiralling movements that work to relieve muscular aches and pains, leaving the body refreshed and renewed.

Aromatherapy Massage

60MIN \$135

Take relaxation to the next level with this massage beginning with a warm eucalyptus foot bath. Choose between four aromatherapy body oils to customise your experience.

Deep Tissue Sports Massage

60MIN \$135

Perfect for the sports enthusiast, this deep-tissue massage alleviates muscle soreness, aches, and pains using advanced techniques.

body

Rapid Aqua Exfoliation

60MIN \$135

This refreshing and cleansing full body Vichy Shower therapy includes skin smoothing exfoliation using pure Australian sea salts, before allowing a warm water massage to wash away tension and awaken vitality.

Renewing Vichy Shower Exfoliation

90MIN \$185

Let the healing and warming properties of ginger invigorate and nourish in this pampering head to toe treatment with a head, back, neck and shoulder massage.

Hydrating Body Journey

90MIN \$205

Relax and inhale the calming benefits of wild lavender with this uplifting experience, including a two-step invigorating full body scrub, mini facial, warm wrap and full body massage.

body

massage

combination

Relax, Renew, Restore

90MIN \$185

This exceptional treatment combines three of the most popular spa techniques. Drawing on powerful nutrient rich elements it includes a back exfoliation and warm back massage, complete with a Deep Ocean Renewal facial.

Total Body Overhaul

90MIN  \$185

This revitalising experience includes a body cleanse and exfoliation. The body is then treated to a warm rain shower and a relaxing full body massage, followed by a short facial treatment.

Bamboo Body

90MIN  \$205

This complete body and face de-stressing treatment combines a warm bamboo massage and a deep slow muscle massage of the legs, back and shoulders combined with a customised mini facial.

De-stress Head & Shoulders Treatment

60MIN  \$135

This masculine treatment includes a massage that relieves muscular tension of the shoulders, neck and jaw, followed by a skin renewal facial.

Sea Spray Massage

60MIN \$135 90MIN \$185

This rhythmic body massage is inspired by traditional Aboriginal techniques to enhance mind and body wellness. Incorporating the refreshing Ocean Dreaming oil blend which combines natural botanicals from coastal regions.

Nurturing Massage

90MIN \$195

With a focus on instilling a deep sense of mental and physical relaxation, this massage integrates deep flowing, nurturing and relaxation techniques, concluding with a waterfall scalp massage.

Realigning Sports Massage

60MIN  \$135

Aimed at the sports enthusiast to alleviate muscle soreness, aches and pains, this specific and uniquely formulated muscle rub uses sports oil for fast, effective results.

Three Part Recharging Massage

90MIN  \$185

Warm bamboo releases tight muscles as it's rolled slowly over the back and legs, followed by a deep muscle massage technique to remove tension in the back, and a full-body relaxation massage to conclude.

Sapphire Sea Wrap

60MIN \$135

Be nourished with a mother of pearl body polish and cocooned in a warm body mud wrap while enjoying a waterfall scalp massage, followed by a rhythmic application of hydrating body treatment oil.

Total Body Healing Experience

90MIN \$205

After an invigorating exfoliation, your body is cocooned in a warm mineral-rich body mud, concluding with a waterfall scalp massage and uplifting body massage allowing you to drift away.

All-Over Detox

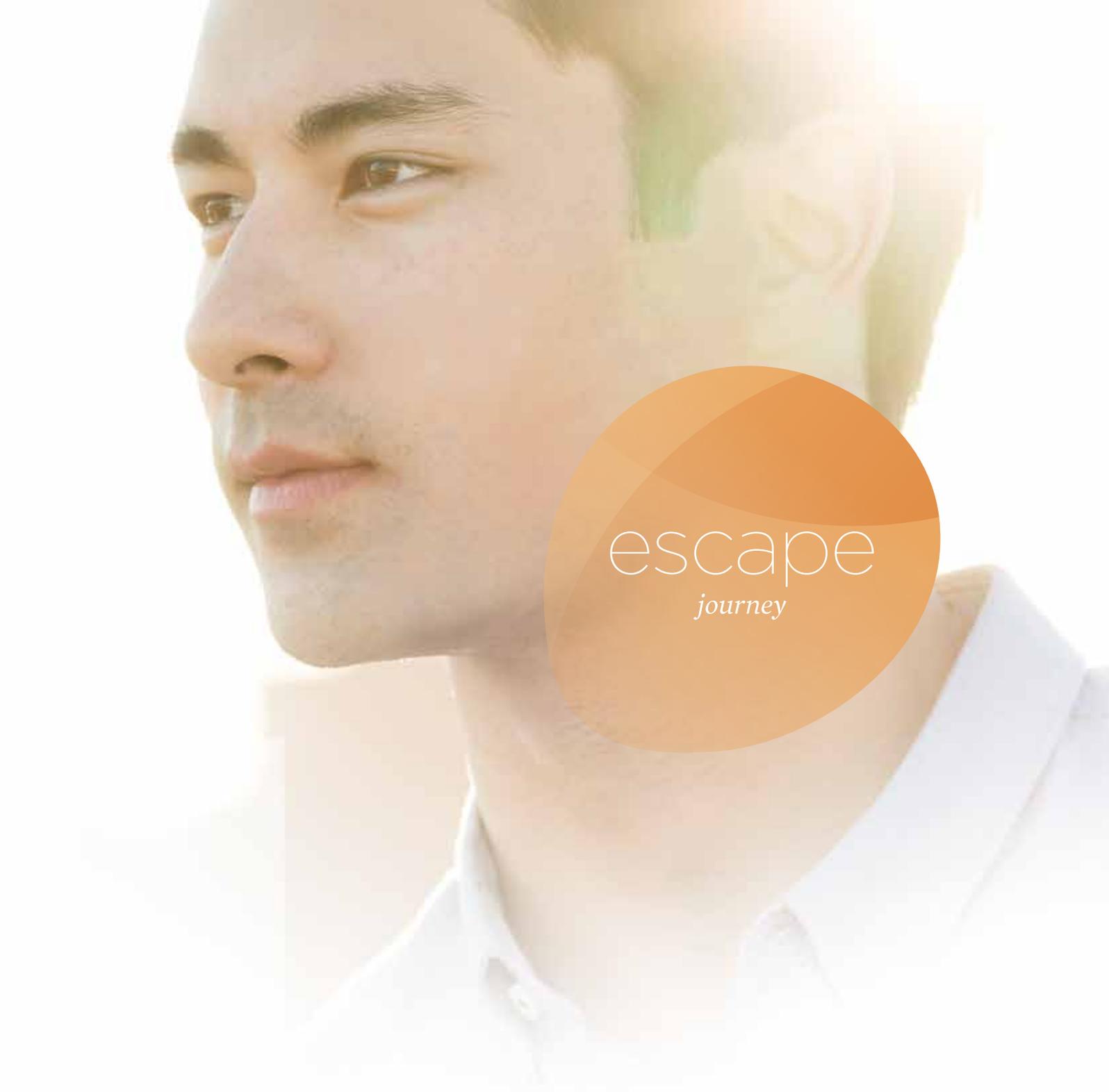
60MIN  \$145

Revitalise with a bamboo leg massage followed by a deep cleanse and exfoliation of the upper back and chest, warm body mud, and a back, shoulder, neck and scalp massage.

Hands, Feet and Scalp Rescue

60MIN  \$115

Rejuvenate tired hands and feet with our sea salt scrub and intense pressure-point massage. A tension releasing neck, shoulders and scalp massage will leave you feeling completely relaxed.



escape
journey

LI'TYA



LI'TYA is a unique range of skin, hair and body products based on Indigenous Australian plants and the principles of modern and Indigenous herbalism, aromatherapy and touch therapy.

VITAMAN



VitaMan developed Australia's first high performance natural men's skin and hair care range with scientifically proven benefits, uncompromising quality, unparalleled textures and masculine aromas.

eforea spa at Hilton Surfers Paradise

At eforea, we value our reputation as a spa that both excels in technical services and creates an atmosphere of genuine caring and consideration for your well being. Please don't hesitate to approach one of our spa representatives if you need any assistance or have any questions. We are here to help.

phone +61 (7) 5680-8111 or
book online at www.eforeaspa.com.au

CANCELLATION POLICY

If you need to make a cancellation or date change, we request a minimum of 24-hours notice for any single service. A 48-hour notice is required for any multiple service or spa package cancellation. The full service will be charged on any late cancellations or no-show appointments.

SPA ATTIRE & ETIQUETTE

For the comfort of all of our clients, eforea Spa is a smoke-free environment.

So you may fully enjoy your spa experience, and as a courtesy to other guests, cell phone should be turned off.

We regret that we cannot be responsible for the loss or damage of personal articles. We recommend that you leave your valuables at home or in your hotel room. Please keep all valuables with you during your appointments. Select locations provide safe deposit boxes for your convenience. Please contact the spa for more information.

eforea reserves the right to modify, discontinue or raise prices on certain treatments without prior notification to ensure that maximum standards of service and quality are met. If you have any questions, please ask your spa representative when you book your appointment. We accept all major credit cards, debit cards, and cash

ARRIVAL & FACILITIES

Being on time for your appointment is greatly appreciated, both in consideration of our other guests and in order for you to receive your full service. Please arrive 15-30 minutes in advance of your appointment to allow time to change into a robe, complete our Guest Pre-Treatment Form and relax before your service. Thirty minutes is suggested if you are having facial or body treatments.

MINIMUM AGE

The Spa is an adult-oriented atmosphere; therefore we are not able to accept appointments for

children under the age of 16 years, unless accompanied by a parent. Children under the age of 18 are not allowed in the spa unless they are receiving services. Children under the age of 18 may need a signed waiver and/or accompaniment by a parent or adult guardian for services. Online bookings cannot be made by or for children under 18 years of age. Please contact the spa for further information.

GIFT CERTIFICATES

An eforea Spa gift certificate makes a wonderful gift for any special occasion or holiday. Gift certificates are not refundable, not transferable or redeemable for cash or credit. Please review all terms and conditions.

YOUR HEALTH

We request that you disclose any medical conditions and/or prescription medications, as some services may be contraindicated. Please advise our professional staff of any allergies or sensitivities or if you are pregnant.

Before your service, you may be required to complete a Guest Pre-Treatment Form to safeguard your well being and comfort, and allow us to safely deliver our services by minimizing any risk of injury. Please read our Explanatory Information Sheet to obtain further details on why the conditions and questions included on the Pre-Treatment Form are relevant to the services we provide. eforea assures and maintains confidentiality of the strictest standards.

Our therapists are highly trained to be sensitive to your comfort and modestly at all times. We do not perform any massage treatments during the first trimester of pregnancy.

PRIVATE EVENTS & PARTIES

eforea Spa at Hilton Surfers Paradise can cater for group of 4 - 30 guests. For group bookings please contact the spa team directly via email eforeaspa.surfersparadise@hilton.com or by phone 07 5680 8111

